



*General  
Information*





Alpine Academy provides a residential treatment model that is uniquely successful at helping teenage girls learn the skills and gain the insight they need in order to succeed at home, in school, and with their own families.

### **Program Overview**

- We treat a variety of psychological issues such as severe depression and anxiety, PTSD, attachment issues, Axis II personality features, Bipolar disorder, ADHD, a variety of learning disabilities, and Autism Spectrum disorders.
- We offer a clinically intensive treatment program for girls who are not currently a danger to themselves or others, are medically stable, do not have a primary diagnosis of substance abuse, and have a full scale IQ of at least 80.
- Facilities include administrative offices, education center, clinical/medical building, family-style homes, fitness & arts center, outdoor sports fields, community gardens, outdoor pavilion, riding arena and horse stables.
- We have an after-care coordinator that helps in transition planning and goal setting as students are preparing to return home. Once home, our full-time coordinator stays in touch to offer support for students and families as needed.

### **Voted Utah Best of State**



### **Accreditation & Affiliations**

- Alpine Academy is a special purpose school, accredited by AdvancEd.
- Alpine Academy is a member of the National Association of Therapeutic Schools and Programs (NATSAP) and is a Research Designated Program (RDP).
- Alpine Academy is a member of the National Registry of Evidence-Based Programs and Practices (NREPP) and is Substance Abuse and Mental Health Services Administration (SAMHSA) endorsed.
- Utah Youth Village (Alpine Academy's parent company) is the only program in Utah certified to use the Teaching-Family Model, and Alpine Academy is the only NATSAP program certified in the model.

