



Alpine Academy has created a culture and environment that provides a safe space for students to be themselves and explore various parts of their identities. Adolescence is a natural time of identity formation; the challenge of doing so is further complicated by mental health needs, strained relationships within families, and ethnic or cultural implications. Many of our students are also exploring their sexual and gender identities.

Our goal is to be a safe, affirming and therapeutic community that facilitates opportunities for our youth to explore, discuss, ask, and learn about themselves in ways that enable them to be vulnerable, honest, and brave. Working with the entire treatment team, including parents, we seek to support our youth to discover and become the best versions of themselves they can in our setting. While much growth will yet remain after they depart, we aim to help them lay solid foundations for the future.

With our focus squarely on our students, these goals and efforts are no less true for our employees as well. To best assist our youth in treatment, the environment must likewise be safe, affirming, validating, and supportive of adults of various races, ethnicities, backgrounds, genders, and orientations. We seek and celebrate diversity within our personnel as well.

To these ends, we aim to:

- Facilitate holistic, culturally embedded and appropriate services for all students, faculty, and staff.
- Increase understanding and access to comprehensive, accurate, and respectful information and care regarding sexuality, gender, and diverse cultures.
- Support, affirm, and celebrate the range of sexual and gender experiences, orientations, and expressions.
- Eliminate campus harassment and discrimination based on race, ethnicity, religion, culture, and sexual or gender orientation/identity.

We employ the following strategies:

- Education
- Advocacy
- Love & Celebration
- Transformative Space
- Community Involvement
- Leadership Development & Mentoring